



Bequest

A once in a lifetime gift.

Our Foundation

The FSHD Global Research Foundation is a pure charity, donating 100% of all tax deductible donations towards funding treatments and a cure for FSHD – the most common form of muscular dystrophy affecting adults and children.

Built upon complete transparency and accountability, we rely on donated items at our fundraising events, to ensure we can reach our immediate goal of finding treatments and a cure for the debilitating disease.

Facioscapulohumeral Dystrophy (FSHD).

FSHD is an aggressive and debilitating muscle wasting disease affecting at least 1 in every 7,500 Australians. The genetic disease has a devastating impact to the progressive loss of skeletal muscle across the face (facio), back (scapula), upper arms (humeral) and lower limbs, greatly impacting the quality of

life of people living with the disease.

Since our inception in 2007, the Foundation has raised and invested over \$7.5 million, funding 34 ongoing medical research grants across nine countries, and has quickly become one of the world's largest organizations funding medical research into FSHD. With no government support, in a short period of time FSHD Global has ignited a global footprint advancing medical research, bridging the gap towards drug development and clinical trials.

Leave a legacy that will last for generations.

A bequest to FSHD Global will allow surviving family and friends to track which medical research projects your bequest gift has been directed to, read the progress of the medical research project and to meet the researchers at the annual FSHD Science meetings all via the 'FSHD – Find the Cure' app or through our website.

The creation and maintenance of a Will is a task often overlooked by many Australians. It is nevertheless one of the most important things that ensures your loved ones are looked after in the event of your passing. Don't leave your hard earned estate to chance.

If you don't have a Will:

Everyone over the age of 18 has the legal right to have an up-to-date Will. Even if you do not wish to leave a bequest to FSHD Global, we implore you to make one. <u>FSHD Global's Charity Wills</u> is a free service for you to create a free online Will. However, FSHD Global strongly recommends that you consult a qualified legal advisor on making a Will.

Don't leave it to Chance

If you already have a Will:

If you already have a will, ask your solicitor about adding a codicil (an extra clause in your existing will). This allows you to make an addition to your will without having to rewrite the whole thing. Keep in mind, it still must be in writing, signed by the Testator, and attested by two witnesses in the presence of the Testator and of each other.

Types of Bequests

There are many ways to leave a once in a life time gift to FSHD Global. It is important that you consult a solicitor when adjusting or changing your Will as there are many legal requirements. Your solicitor will also be able to explain your options further and ensure your wishes are communicated clearly and correctly in a valid form.



A Specific Sum

You can specify the exact amount that you wish to go to FSHD Global. Keep in mind that this type of Bequest does not take into account inflation or changes to your Estate and its value. When choosing this option, your Will should be reviewed regularly.

You may also choose to bequeath particular items such as artwork, jewellery, shares, property or other forms of investment.

A clause in your will to leave a specific sum bequest to FSHD Global can be written as follows:

"I give to FSHD Global Research Foundation Ltd ABN 79 128 037 614 for its general purposes the sum of \$[insert the relevant amount], free from all duties, deductions and charges. The receipt of an authorised officer for the time being of FSHD Global Research Foundation Ltd shall constitute a full and sufficient discharge of my executor's duties."

A Percentage of Estate

You may chose a specific percentage of your Estate to go to FSHD Global. A percentage great way of preserving the relative value of your gift. Although the dollar amount is not definite, it changes with the size of your Estate, and will never become disproportionate with other parts of your Will.

A clause in your will to leave a percentage of estate bequest to FSHD Global can be written as follows:

"I direct that [the desired percentage] of my residuary estate be given to FSHD Global Research Foundation Ltd ABN 79 128 037 614 for its general purposes. The receipt of an authorised officer for the time being of FSHD Global Research Foundation Ltd shall constitute a full and sufficient discharge of my executor's duties."





Residue of Estate

The residue is the remaining value of your estate when all bequests to family and friends have been made and liabilities have been paid. You may choose to leave a percentage or all of your residue of estate to FSHD Global. A residuary bequest is a popular choice as it ensures all loved ones, liabilities and costs are taken care of before your bequest is taken out.

A clause in your will to leave a residuary bequest to FSHD Global can be written as follows:

"I direct that [the whole of] or [specific portion of] of my residuary estate be given to FSHD Global Research Foundation Ltd ABN 79 128 037 614 for its general purposes. The receipt of an authorised officer for the time being of FSHD Global Research Foundation Ltd shall constitute a full and sufficient discharge of my executor's duties."

After your careful consideration to bequest to FSHD Global Research Foundation, let us know so we can ensure your wishes are seen through. Please take a few minutes to complete and return:

Let us know

and ret	rurn:		
	I have already included a bequest to FSHD Global in my Will	o	
	I am thinking about including FSHD Global in my Will. Please contact me in confidence to discuss.		
	Name:		
	Address:		
	State:	 _ Postcode:	-
	Email:		-
	Phone:		_
	My gift to FSHD Global will be:		
	The Sum of \$		
	% of my Estate		
	% of the residue of my Estate		
	Item(s) of value		



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